



How to get advocacy during the coronavirus outbreak

We're continuing to provide advocacy during the coronavirus outbreak.

Our advocates can talk with you using:

- › phone
- › video messaging such as WhatsApp or Zoom
- › email

You can choose how you would like us to contact you (to avoid spreading coronavirus, we will only be able to meet face-to-face in an emergency).

We can still provide you with advocacy without meeting face-to-face.

An advocate will support you to:

- › speak up about what you want
- › know what your rights are
- › understand information so you can make your own decisions

An advocate will not:

- › give you advice
- › make choices for you
- › take another person's side
- › judge you

Contact us

We can help support you. Contact us for advice or to self-refer.

020 3960 7920

referrals@

advocacyproject.org.uk

www.advocacyproject.org.uk/advocacy-referrals/

How advocates work

- › We are independent from other services
- › Advocacy is free of charge to the person using the service
- › Advocacy is confidential; we will not pass on anything you share with us unless:
 - you ask us to
 - you are not safe
 - you are talking about harming yourself or others

We will only take action if you ask us to